

Healing Scripture Meditations & Declarations

with Pastor Marco Bravo
(personalized and adapted)

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Galatians 1:4 (NLTse)

Jesus gave his life for **my** sins, just as God **my** Father planned, in order to rescue **me** from this evil world in which **I** live.

It was **God's** plan for Jesus to give his life for **all** my sin; **past, present and future**. He did it to also rescue me from the personal consequence of my sin, which includes **sickness and disease**.

1 Peter 2:24 (NKJV)

who Himself bore **my** sins in His own body on the tree, that **I**, having died to sins, might live for righteousness—**by whose stripes I was** healed.

Isaiah 53:4-5 (NIV)

Surely he took up **my** pain and bore **my** suffering, yet **those watching** considered him punished by God, stricken by him, and afflicted.

But he was pierced for **my** transgressions, he was crushed for **my** iniquities; the punishment that brought **me** peace was on him, and **by his wounds I am** healed.

Jesus not only died for my sin
but also **suffered** for my sickness;
This is why I am **entitled to and**
can enjoy health and
wholeness in Jesus;
So I believe it and receive it.

Ephesians 2:8-9 (NKJV)

For **by grace** I have been saved **through faith**, and that **not of myself**; it is the **gift of God**, not of works, lest I should boast.

Colossians 2:6 (NKJV)

As I therefore have **received** Christ Jesus the Lord, so **walk** I in Him

The way I received salvation **is the way** I live my life in Jesus; **by grace through faith** and not by my merit or performance before God. Therefore, when I am in need of **divine healing**, I also receive it **by grace through faith** and not as a result of my merit or performance before God.

Job 5:26 (NLT)

I will go to the grave **at a ripe old age**, like a sheaf of grain harvested at the proper time!

Psalms 91:16 (NKJV)

With **long life** **God** will satisfy **me**,
And show **me** **His** salvation.”

Because it is **God's plan** for me to live a long good life and to die at a ripe old age, I know that He keeps me healthy and whole.

1 Corinthians 1:30 (NKJV)

But of Him I am in Christ Jesus, who became for me wisdom from God—and righteousness and sanctification and redemption—

Proverbs 3:7-8 (MSG)

I don't assume that I know it all.

I run to God! I run from evil!

My body will glow with health,

my very bones will vibrate with life!

God made me **righteous** and **holy** before him in Jesus, this is why I have **absolute confidence** before God and **shun evil from my life** — **Every day** I see my body **glow with health** and my bones **vibrant with life**.

Proverbs 4:20-22 (NKJV)

20 As child of God, I give attention to **His** words; I incline **my** ear to **His** sayings. **21** I do not let them depart from **my** eyes; I keep them in the midst of **my** heart; **22** For they are life to **me** who found them, And health to all **my** flesh.

I love meditating and spending time in God's Word, one of the reasons is because it fills me with the life of God and continues releasing health to my being.

Exodus 23:25 (NKJV)

“So I shall serve the Lord **my** God,
and He will bless **my** bread and
my water. And **He** will take
sickness away from **my** midst.

My Father, I am so grateful to you
**for blessing all that I eat and
drink.** Thank you for causing it to
nourish me and not harm me,
thank you for keeping sickness
and disease **away from me.**

Psalm 91:10 (AMP)

10 No evil will befall **me**,

Nor will **any plague** come near
my dwelling.

My Father, I thank you that **no evil will ever prevail against me**. That **no epidemic, pandemic, endemic or outbreak infects or harms me in any way**, for greater are You who is **in me and with me**.

Acts 10:38 (NKJV)

how **God anointed Jesus** of Nazareth with the Holy Spirit and with power, who went about doing good and healing all who were oppressed by the devil, **for God** was with Him.

God is the ultimate source of health and wholeness, so while I do my best to eat and drink healthy and exercise regularly; I ultimately trust and depend on God with my health and wholeness.